

# RESOURCES FOR ADOPTIVE FAMILIES

There are many community resources available to assist you in your preparation for adoption. A large part of the adoption study process is gathering information and preparing for the life long nature and commitment of adoption. As part of your adoption study we ask that you choose to use at least three of the following resources. Choose according to your interests, needs and social worker's recommendations. Then keep this list for future reference.



## INTERNATIONAL AND NATIONAL ADOPTION ORGANIZATIONS

### **American Academy of Adoption Attorneys**

P. O. Box 33053

Washington, DC 20033

202-832-2222

E-mail: [president@adoptionattorneys.org](mailto:president@adoptionattorneys.org)

Website: [www.adoptionattorneys.org](http://www.adoptionattorneys.org)

Attorneys with competence and experience in the field of adoption law.

### **Children Awaiting Parents**

595 Blossom Road, Suite 306

Rochester, NY 14610

585-232-5110 or toll free 888-835-8802

Website: [www.Capbook.org](http://www.Capbook.org)

A national, non-profit charitable organization that recruits foster and adoptive families for special needs children who have been waiting the longest for a "forever" family.

### **The Evan B. Donaldson Adoption Institute**

120 Wall Street, 20<sup>th</sup> Floor

New York, NY 10005

212-269-5080

Website: [www.adoptioninstitute.org](http://www.adoptioninstitute.org)

Provides national statistics on adoption research, policy and practice.

### **International Concerns Committee for Children (ICCC)**

911 Cypress Drive

Boulder, CO 80303

303-494-8333

E-mail: [icc@boulder.net](mailto:icc@boulder.net)

Website: <http://bcn.boulder.co.us/human-social/agency/a1110.htm>

Adoption information, domestic and international. A report is available describing children from various countries, approx. costs, approx. waiting times and procedural details. Also, visa information and some cultural information is described. Ten updates per year. This is not a child placement agency.

## **Independent Adoption Center**

### **National office**

391 Taylor Blvd, Suite 100

Pleasant Hill, CA 94523

800-877-6736

E-mail: [info@adoptionhelp.org](mailto:info@adoptionhelp.org)

Website: [www.adoptionhelp.org](http://www.adoptionhelp.org)

A nationwide network of professional counselors and educators who are dedicated to open adoption.

## **Joint Council on International Children's Services**

1320 – 19<sup>th</sup> Street, NW, Suite 200

Washington, DC 20036

202-429-0400

Fax: 202-429-0410

Website: [www.jcics.org](http://www.jcics.org)

Inter-country adoption agencies promoting ethical practice and child welfare services.

## **National Adoption Center**

1500 Walnut Street, Suite 701

Philadelphia, PA 19102

800-to-adopt (800-862-3678)

E-mail: [nac@adopt.org](mailto:nac@adopt.org)

Website: [www.nationaladoptioncenter.org](http://www.nationaladoptioncenter.org)

Expands adoption opportunities for children with special needs and children from minority cultures. Also has a Learning Center with a chat room and other supportive resources for adoptive families.

## **National Adoption Foundation**

### **Connecticut Office**

100 Mill Plain Road

Danbury, CT 06811

203-791-3811

Fax: 203-791-3801

### **Washington Office**

1025 Connecticut Ave. NW, Suite 1012

Washington, DC 20036

E-mail: [info@nafadopt.org](mailto:info@nafadopt.org)

Website: [www.nafadopt.org](http://www.nafadopt.org)

They offer direct grants, low interest, unsecured loans, adoption credit card, insurance programs.

**National Adoption Information Clearinghouse**

330 C Street SW

Washington, DC 20447

703-352-3488

888-251-0075

Fax: 703-385-3206

E-mail: [naic@calib.com](mailto:naic@calib.com)

Website: [www.calib.com/naic/](http://www.calib.com/naic/)

Provides information about all aspects of adoption: publications, referrals to adoption-related services, searches of computerized information databases, and copies of state and federal laws relating to adoption.

**National Attention Deficit Disorder Association**

Website: <http://www.add.org>

**National Resource Center for Special Needs Adoptions**

16250 Northland Drive, Suite 120

Southfield, MI 48075

248-443-7080

Fax: 248-443-7099

E-mail: [nrc@nrcadoption.org](mailto:nrc@nrcadoption.org)

Website: [www.nrcadoption.org](http://www.nrcadoption.org)

Technical assistance, consultation, training, information, referral and resource materials, to assist states and tribes to improve their adoption and adoption support and preservation services.

**National Council for Single Adoptive Parents**

P. O. Box 55

Wharton, NJ 07885

E-mail: [ncsap@hotmail.com](mailto:ncsap@hotmail.com)

Website: [www.adopting.org/ncsap.html](http://www.adopting.org/ncsap.html)

Provides information to assist prospective and actual single adoptive parents to locate sources of adoptable children and support groups. Offers a handbook for single adoptive parents which describes the process of adoption in the US and abroad. Also provides advice and information on coping as a single parent.

**National Foster Care Association –**

E-Mail: [info@NFPAINC.org](mailto:info@NFPAINC.org)

Website: [www.nfpainc.org](http://www.nfpainc.org)

This website is an excellent national resource for foster parents and adoptive parents.

## **North American Council on Adoptable Children (NACAC)**

**Joe Kroll, Executive Director**

**970 Raymond Avenue, Suite 106**

**St. Paul, MN 55114**

**651-644-3036**

**Fax: 651-644-9849**

**E-mail: [info@nacac.org](mailto:info@nacac.org)**

**Website: [www.nacac.org](http://www.nacac.org)**

**Every child has the right to a permanent family. The Council advocates the right of every child to a permanent, continuous, nurturing and culturally sensitive family.**

## **Our Chinese Daughters Foundation, Inc.**

PO Box 1243

Bloomington, IL 61702-1243

309-662-1090

Website: [www.ocdf.org](http://www.ocdf.org)

A non-profit foundation with the desire to support families who have adopted children from China, a main focus of the foundation has been bringing Chinese culture and heritage to adoptive families. A quarterly newsletter is available for a donation of \$20.

## **Single Mothers by Choice**

P. O. Box 1642

New York, NY 10028

212-988-0993

E-mail: [mattes@pipeline.com](mailto:mattes@pipeline.com)

Website: <http://mattes.home.pipeline.com/index.html>

National membership, groups throughout the US, Canada, and Europe. Support groups, newsletter for women who have adopted or have biological children. Membership \$55/yr.

## **Single Parents for Adoption of Children Everywhere (SPACE)**

508-429-4260

800-93-adopt

Lisa – [brennerlisa@hotmail.com](mailto:brennerlisa@hotmail.com)

Claudia – [claudiacabral@attbi.com](mailto:claudiacabral@attbi.com)

Betsy – [maspace@aol.com](mailto:maspace@aol.com)

Support and information organization for single adoptive parents, singles interested in adoption, and the children of families formed through single parent adoption.

## **Stars of David**

3175 Commercial Avenue, Suite 100

Northbrook, IL 60062-1915

800-star-349 (800-782-7349)

E-mail: [info@starsofdavid.org](mailto:info@starsofdavid.org)

Website: [www.starsofdavid.org](http://www.starsofdavid.org)

Parent support groups for Jewish and partly Jewish adoptive families.

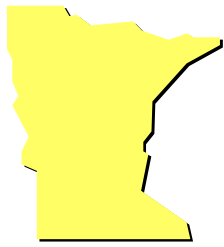
## **University of Minnesota Children, Youth and Family Consortium**

Website: [www.cyfc.umn.edu](http://www.cyfc.umn.edu)

This website provides information and has some helpful resources on adoption issues. Their motto is: building bridges for the well being of children, youth and families.



## **SUPPORT GROUPS FOR ADOPTIVE FAMILIES**



## **MINNESOTA**

### **Attachment Disorder Support Group**

Website: <http://www.syix.com/adsg>

Here you will find information on attachment disorder, bonding, special needs children, real life testimonials, people, and much more!

### **Blaisdell/Hiawatha YMCA**

4100 – 28<sup>th</sup> Avenue South

Minneapolis, MN 55406

612-729-7397

Programs for interracial families that include adoptive families.

### **Center for Grief**

651-641-0177

Website: [www.griefloss.org](http://www.griefloss.org)

A non-profit organization dedicated to offering help and hope for the difficult times on our lives. They work with teens on general grief/loss issues.

### **DSI Parent Connections of the Twin Cities, MN**

P.O. Box 273

Circle Pines, MN 55014

Heather Montgomery,

E-mail: [HeatherM@dsiparentconnectionstcmn.com](mailto:HeatherM@dsiparentconnectionstcmn.com)

Their purpose is to provide support, education and information to people interested in Dysfunction of Sensory Integration (DSI). Meets last Monday of the month at the Maplewood Library Meeting Room, 1670 Beam Avenue, 7:00 – 9:00 pm

### **Early Childhood Family Education: Minneapolis Schools**

Anne Pineda  
Sabathani Community Center  
310 E. 38<sup>th</sup> Street, Lower Level #1  
Minneapolis, MN  
612-827-1841

A multiracial – multicultural family support group, which offers a special time for families with birth and/or adopted children ages infant to kindergarten to play and learn together. The group meets every Thursday from 9:30 – 11:30.

### **FRUA**

Families for Russian and Ukrainian Adoption

Website: [www.FRUA.org](http://www.FRUA.org)

FRUA – MN the Minnesota chapter is looking for volunteers and leaders interested in continuing this support group. If interested please go to the website and follow the links.

### **Families with Children from China**

P.O. Box 11867  
St. Paul, MN 55111-1867  
Voice Message: 952-885-6872  
E-mail: [FCCMidwest@Yahoo.com](mailto:FCCMidwest@Yahoo.com)  
Diane Nathrop, 651-488-6872

### **Hennepin County Adoptive Parent Support Group**

2414 Park Ave  
Minneapolis, MN  
Call Ginny Blade or Margot Rideaux at NACAC if you need child care at 651-644-3036 or call Marvalene Atlas at 651-767-0896, HC MNASAP liaison and support group facilitator.  
Meets monthly at Lutheran Social Services on the first Tuesday of the month.

### **Lutheran Social Services Adoption Parent Support Group**

2414 Park Avenue  
Minneapolis, MN  
612-879-5230 or toll free 888-205-3769  
This group is also the Hennepin County Adoption Support Group

### **MN ASAP - Minnesota Adoption Support and Preservation**

**430 Oak Grove Street, Suite 404, Minneapolis, MN**

**612-798-4033 or toll free 877-9MN-ASAP**

Website: [www.mnasap.org](http://www.mnasap.org)

**Our Voices Matter – A Youth Advocacy Group – youth talks about adoption**

**Michelle Chalmers 612-861-7115**

Website: [www.geocities.com/ourvoicesmatter](http://www.geocities.com/ourvoicesmatter)

## **Support Groups through MN ASAP**

To get more information on any of these groups, please contact the person in your geographical area.

### **Adult Adoptee Support Groups**

3<sup>rd</sup> Monday of each month, 7 – 8 p.m.  
Pax Christi Church  
12100 Pioneer Trail  
Eden Prairie, MN 55347  
Judy Howell 651-779-8220

### **Adoptive Family Network**

4720 E. 34<sup>th</sup> Street  
Minneapolis, MN 55406  
Kate Brady 612-721-5209 or 651-297-7979

### **Adoptive Family Support Group**

4<sup>th</sup> Tuesday of each month, 6 – 7:30 p.m.  
Call to reserve a spot: 763-545-0293  
Brooklyn Center United Methodist Church  
7200 Brooklyn Blvd.  
Brooklyn Center, MN

### **African American Adoption Agency**

1825 University Avenue  
St Paul, MN  
Carmita McGlory 651-659-0460  
S.N.A.P. (support group supporting and nurturing adoptive parents). Meets at 6:45 pm the 4<sup>th</sup> Tuesday of each month, the group is open to all adoptive parents who have completed their home study. There is also a youth group for ages 10-15 which meets at the same time. Lite refreshments are served.

### **Amigos de Colombia**

Luann Zimmer 612-879-5251

### **Anoka County**

Nancy Le, 763-422-7104  
Meets monthly, often around a specific topic or activity. Open to all adoptive parents.

### **Better Endings New Beginnings**

Information for parents and professionals dealing with Fetal Alcohol Spectrum Disorder, adoption and/or foster care. Also teen site for Fetal Alcohol Spectrum Disorder

Website: [www.moangels.com](http://www.moangels.com) Speaking (high school presentation and workshops), books and newsletter available.

6289 Brunswick Avenue North

Brooklyn Park, MN 55429

Jodee Kulp, 763-531-9548

E-mail: [jodee@connetworks.com](mailto:jodee@connetworks.com)

Website: [www.betterendings.org](http://www.betterendings.org)

### **Carver County**

Christine Dondlinger, 952-442-2850

### **Dakota County**

Ann Dempsey, 952-891-7415

Parent and children support groups both run at the same time, but are separated into two groups.

### **Downey Side**

Janese Crowley, 651-228-0117

### **Early Childhood Group (Emphasis on Adoption)**

Sharon Locascio, 651-636-1562

Judith, 651-293-5341

East Side Family Center

1526 East 6<sup>th</sup> Street

St. Paul, MN

Tuesdays, 6:00 to 8:00 pm

### **Honduran Adoptive Families**

Jane Delage

1310 Osceola Avenue

St. Paul, MN 55105

651-698-5887

### **Native American Community**

Mary Lyons, 877-392-0270

### **Ninos de Paraguay**

Jane Nichols

7801 Bush Lake Drive

Bloomington, MN 55438

952-829-0938

**North Suburban Ours for a United Response**

2723 Crown Hill Court  
White Bear Lake, MN 55110  
Marge Newmaster, 651-429-0357

**Open Adoption Resources (OAR) Network Support Group**

Children's Home Society  
1605 Eustis Street  
St. Paul, MN  
Heidi Magnuson, 507-356-4209

**Parents of Asian Indian American Children**

Marilyn Christianson, 952-906-2989  
E-mail: [picmn@hotmail.com](mailto:picmn@hotmail.com)

**Peruvian Adoptive Families**

Vicki Gohl, 651-639-8144

**Ramsey and Washington County**

Judy Howell, 651-779-8220

**Trans-racial Adoption Families Support Groups**

2nd Monday of each month and the 4th Thursday of each month

For families and their children. Programming for children provided by trans-racially adopted adults. Call to reserve a spot:

763-545-0293

Redeemer Lutheran Church  
1800 Glenwood Avenue North  
Minneapolis, MN

**MN ASAP SUPPORT GROUPS IN GREATER MN**

**Aitkin/Crow Wing/Morrison County**

3rd Tuesday of each month, 7 - 9 p.m.

Brainerd Public Library  
416 5th Street South  
Brainerd, MN  
Julie Pribyl, 320-963-6055 or 877-699-5937

**Benton/Stearns Counties**

3rd Tuesday of each month, 6:30 - 8:30 p.m.

St. Joseph Fire Hall  
323 4th Avenue NW  
St. Joseph, MN  
Ellen Kampa-Evans, 320-656-6118  
Julie Pribyl, 320-963-6055 or 877-699-5937

**Chisago/Isanti/Pine County Adoptive Parent Support Group**

*We hope to continue meeting on the 4th Tuesday of each month*

East Central Public Library

244 Birch Street South

Cambridge, MN

Julie Pribyl, 320-963-6055 or 877-699-5937

**Crow Wing/Morrison/Aitkin County**

3rd Tuesday of each month, 7 - 9 p.m.

Brainerd Public Library

416 5th Street South

Brainerd, MN

Julie Pribyl, 320-963-6055 or 877-699-5937

**Isanti/Chisago/Pine County Adoptive Parent Support Group**

*We hope to continue meeting on the 4th Tuesday of each month*

East Central Public Library

244 Birch Street South

Cambridge, MN

Julie Pribyl, 320-963-6055 or 877-699-5937

**Kanabec/Mille Lacs Counties**

1st Monday of each month

St. Mary's Catholic Church Parish Center

201 Forest Avenue East

Mora, MN

Teresa Julkowski, 320-679-2467

Julie Pribyl, 320-963-6055 or 877-699-5937

**Morrison/Crow Wing/Aitkin County**

3rd Tuesday of each month, 7 - 9 p.m.

Brainerd Public Library

416 5th Street South

Brainerd, MN

Julie Pribyl, 320-963-6055 or 877-699-5937

**Pine/Isanti/Chisago County Adoptive Parent Support Group**

*We hope to continue meeting on the 4th Tuesday of each month*

East Central Public Library

244 Birch Street South

Cambridge, MN

Julie Pribyl, 320-963-6055 or 877-699-5937

**Stearns/Benton Counties**

3rd Tuesday of each month, 6:30 - 8:30 p.m.

Fire Hall

323 4th Avenue NE

St. Joseph, MN

Ellen Kampa-Evans, 320-656-6118

Julie Pribyl, 320-963-6055 or 877-699-5937

**Wright-Sherburne Counties**

2nd Tuesday of each month, 7 - 9 p.m.

Monticello Community Center

Walnut Street

Monticello, MN

Carol Askew, 763-241-2656 or 800-433-5239

Richelle Kramer, 763-682-7484

Julie Pribyl, 320-963-6055 or 877-699-5937

MN ASAP SUPPORT GROUPS STOP HERE

**Multiracial Single Parent Group**

Jennifer Schnarr, 651-603-0245

First Wednesday night of the month at St Paul Catholic Charities

**Neighborhood House**

179 Robie Street East

St Paul, MN

651-227-9291

Many multicultural programs

**Well Family Clinic Kinship/Grandparent Support Group**

Griggs-Midway Building

1821 University Ave W., Suite 498N

St Paul, MN

Krista Nelson, 651-642-1704

Facilitators: Paula Saunders, Grandparent/MSW and Nicole Ross, Adoptive Parent/LMFT

A specialized support and educational group for grandparents, relatives and kin raising their kin's children through adoption or guardianship. A six-week series focused on giving the kin caregiver a toolbox of ideas and an earful of support for living with children with severe behavioral or emotional challenges. Excellent, reality based topics such as: parenting again when you thought you were done, surviving the roller coaster of loving a drug addicted or mentally ill family member who is in and out of his/her child's life, understanding the long term effects of trauma, abuse or neglect on children.

**SUPPORT GROUPS IN GREATER MINNESOTA**

**Chippewa-Kandiyohi-Meeker-Swift Counties**

Claudia Fletcher, 507-283-9693 or toll free 877-349-6353

**Duluth – Birth Parent Support Group**

Miller –Dwan Medical Center  
502 East 2<sup>nd</sup> Street  
Duluth, MN 55805  
218-733-2356

Unique support group for birth parents struggling with grief and loss, depression etc. Great resource for other birth parents – the group talks at schools and talks on panels.

**Duluth – Children of the Dragon**

Jill Dalbacka, 218-525-4906  
E-mail: [children\\_of\\_the\\_dragonn@hotmail.com](mailto:children_of_the_dragonn@hotmail.com)  
Support group for families who have adopted from all Asian countries.

**Duluth – Lester Park Family Resource Center**

218-525-0808  
Trans-racial and trans-cultural support group.

**Fairmont – Love has no Boundaries**

Teresa Engeman, 507-235-8748

**Fergus Falls – Search & Reunion Discussion Group**

Permanent Family Resource Center  
1220 North Tower Road  
Fergus Falls, MN 56537  
218-998-3400  
Website: [www.permanentfamily.org](http://www.permanentfamily.org)  
Meetings held the 2<sup>nd</sup> Tuesday of each month, 5:00 pm – 6:00 pm

**Grand Rapids – North Homes**

218-327-3000 or toll free 888-430-3055

**Granite Falls Parent Support Group**

Annette Beckler, 320-564-5656  
Meets in the Granite Falls Library basement, 3<sup>rd</sup> Tuesday of each month, 7:00 pm

**Mankato and Mower County**

Tyra Laughlin, 507-278-3266 or toll free 888-450-5059

**Mankato – Families of Multiracial Adoptions**

Roxanne Johnson, 507-345-1850

**Marshall – Partners in Adoption**

Cindy Nelson, 507-532-1260

**Native American Community**

Mary Lyons, 877-392-0270

**Olivia – Parents Supporting Parents**

Ann Orth, 320-532-1460

Cross of Calvary Lutheran Church, 1<sup>st</sup> and 3<sup>rd</sup> Tuesday of each month, 7:00 pm – 8:30 pm

**Olmsted County/Children’s Mental Health Collaborative**

Debra L. Dalin, 507-529-4539

**Owatonna – Downey Side**

Karen Phelps, 507-446-8503

**Rochester Area Adoptive Families Together**

Carol Wells, 507-281-4807

**Rock-Nobles-Pipestone Counties**

Claudia Fletcher, 507-283-9693 or toll free 877-379-6353

**St Cloud – Downey Side**

Pat or Mike Schaefer, 320-240-1433

**Willmar – Parents Supporting Parents**

Becky Anderson, 320-231-7841

Group meets at the ALC on 9<sup>th</sup> and Trott SW, Tuesday of each month at 5:00 pm – 7:00 pm

**Willmar – Special Kids, Special Parents**

Linda Hocum, 320-978-4407

Willmar Public Library, Conference Room, 1<sup>st</sup> Saturday of each month, 10:30 am – 12:00 pm



**WISCONSIN – Support groups, culture camps, health information and other helpful information and resources**

**Birth to Three**

Dept of Health and Family Services

PO Box 7851

Madison, WI 53703-7851

800-642-STEP (7837)

Provides family-centered services including education, service coordination and therapy for children between birth and three years of age who demonstrate a developmental delay or have a diagnosed condition which may cause a delay.

**Camp Choson**

St Croix Valley Korean-American Cultural Society

Darlene Hoffmann, 651-578-8253

E-mail: [darlene.hoffmann@juno.com](mailto:darlene.hoffmann@juno.com)

Five-day camp for children adopted from Korea.

**Kati Beckett Program**

608-266-3236

A special eligibility process that allows certain children with long-term disabilities or complex medical needs living at home with their families, to access Wisconsin Medicaid coverage. Eligibility is based on the child's disability and care needs rather than the family's income.

**Friends of Adoption**

513 S. Barstow Street

Eau Claire, WI 54701

800-227-3002

Website: [www.friendsofadoption.org](http://www.friendsofadoption.org)

A community based post adoption resource center.

The center provides information about post adoption issues and services for adoptive families and professionals.

**PEP-WI (Parent Education Project of Wisconsin)**

2192 South 60<sup>th</sup> Street

West Allis, WI 53219

414-328-5520

Website: <http://hometown.aol.com/pepofwi>. This site provides help for parents who have children in special education programs, and information on all aspects of special education, resources, and advocacy.

**Respite Care Association of Wisconsin**

214 N. Hamilton Street

Madison, WI 53703

608-260-9207 or 877-260-9207

Promotes and supports through education, advocacy and public awareness, a statewide quality respite and crisis care system. Activities include: building public awareness about respite care and crisis care for all ages; providing access to educational resources on respite and crisis care; and ensuring families have a variety of respite options available.

**Special Needs Adoption Network**

1126 S. 70<sup>th</sup> Street, Suite N509A

Milwaukee, WI 53214-3151

800-762-8063 or 414-475-1246

A network designed to provide support, training, education and services to families who have adopted children with special needs. Some services provided include finding families for children; pre-adoption information and referral; training for families and professionals; advocacy for children and families; family resource centers; and post adoption services.

**The Ties Program**

10520 W. Bluemound Rd.

Wauwatosa, WI 53226

800-398-3676

E-mail: [info@adoptivefamilytravel.com](mailto:info@adoptivefamilytravel.com)

Website: [www.adoptivefamilytravel.com](http://www.adoptivefamilytravel.com)

The Ties Program is a travel program for adoptive families visiting their child's country of birth to see the sights, experience the culture and reconnect with significant people and places related to their adoption.

**Western Wisconsin Advocates for Adoption (WWAA)**

c/o Catholic Charities

204 East Grand Avenue

Eau Claire, WI 54701

WWAA is a non-profit group made up of individuals interested in adoption, including adoptive families, adoption agencies, and others interested in adoption. This group presents "The Adopted Child in Elementary School" workshops for teachers and other school personnel, as well as a bi-annual conference for adoptive families.

**Wisconsin Adoption Information Center**

414-475-0596

This is a state-funded service providing information about adoption to adoptive families, birth parents, professionals and the general public.

**Wisconsin Adoptive and Foster Parent Association** (formerly Wisconsin Federation of Foster Parents Organization)

Anne Rankin, President, 715-374-2180

E-mail: [wiaadopt@execpc.com](mailto:wiaadopt@execpc.com)

7057 S. Lasch Lane

Lake Nebagamon, WI 54849

**Wisconsin Dental Association**

1-800-364-7646

E-mail: [wda@execpc.com](mailto:wda@execpc.com)

This association is a resource for adoptive families and foster parents requiring assistance locating a dentist who will accept Medical Assistance.



## **CULTURE AND SPECIAL NEEDS CAMPS**

### **Camp Buckskin**

218-365-2121 (campsite) 612-930-3544 (Twin Cities office)

E-mail: [buckskin@spacestar.net](mailto:buckskin@spacestar.net)

Overnight summer camp program for youth, ages 6 – 18, who have a primary diagnosis of ADHD and / or learning disabilities.

### **Camp Knutson**

Administrative Office

2405 Fortun

Baxter, MN 56425

218-829-9214

Camp program for emotionally disturbed adolescents and children, mentally disabled, and families with mentally handicapped members, and families that are culturally disadvantaged.

### **Camp Moon-Hwa**

Deb Resman

815 – 9<sup>th</sup> Street, SW

Rochester, MN 55902

507-281-5838

Southern Minnesota Cultural Education Society. Day camp for Korean adoptees and their siblings, age 5 and older.

Camp questions please call Pam Rotty 507-252-8566

Website: <http://hometown@aol.com/moonwhwa>

### **Catalyst Foundation Vietnam Culture Camp**

Caroline Ticarro-Parker

1505 West 137<sup>th</sup> Street

Burnsville, MN 55337

952-707-9437

E-mail: [cntpar@catalystfoundation.org](mailto:cntpar@catalystfoundation.org)

Website: [http://www.catalystfoundation.org/vietnam\\_culture\\_camp.htm](http://www.catalystfoundation.org/vietnam_culture_camp.htm)

Vietnam Culture Camp is a family camp held annually in Minnesota.

### **“Celebrate Romania” Weekend Retreat at Camp Onomia**

507-387-4238

Website: [www.angelfire.com/mn2/romanicancamp/index.html](http://www.angelfire.com/mn2/romanicancamp/index.html)

Retreat for families with children adopted from Romania.

**Kamp Kimchee**

Mary Schindler

5705 NE River Road

Sauk Rapids, MN 56379

E-mail: [infor@kampkimchee.org](mailto:infor@kampkimchee.org)

Website: [www.kampkimchee.org](http://www.kampkimchee.org)

Korean culture day camp for children 4 years through 12<sup>th</sup> grade and their siblings.

**Korean Adult Adoptee Group**

Kate Daily, 651-442-1363

E-mail: [kate8655@yahoo.com](mailto:kate8655@yahoo.com)

**Korean Culture Day Camp**

Karen Kowalke

Minnehaha Academy

Minneapolis, MN

952-470-5496

E-mail: [sckowalke@yahoo.com](mailto:sckowalke@yahoo.com)

Website: [www.koreanculturecampmn.org](http://www.koreanculturecampmn.org)

A six-day camp for children adopted from Korea, grades K – 6<sup>th</sup>.

**La Semana Latin American Culture Camp**

Kerry Noyes

Lakeville, MN

952-476-0546

E-mail: [lasemana@netprofit.com](mailto:lasemana@netprofit.com)

Website: [www.lasemana.org](http://www.lasemana.org)

Five - day camp for children adopted from Latin America, grades 1<sup>st</sup> – 7<sup>th</sup>.

**Minnesota Families with Children from China Culture Camp at Camp Friendship**

Gerianne Ford

Prior Lake, MN

952-447-6649

E-mail: [the-fords\\_3559@yahoo.com](mailto:the-fords_3559@yahoo.com)

Three-day cultural camp for Chinese adoptees and their families, open to FCC members in Minnesota, Wisconsin, the Dakotas and Iowa.



## **SPECIAL NEEDS / MENTAL HEALTH/ OTHER HEALTH RESOURCES**

### **A Chance to Grow Community Learning Center**

1800 Second Street NE  
Minneapolis, MN 55418  
612-706-5551 or 5552

E-mail: [neuro@mail.actq.org](mailto:neuro@mail.actq.org)

Includes four clinics that assist children who have attention, learning, and behavioral problems, using various techniques including a biofeedback process (EEG Neurofeedback) and a brain training / exercise process called NeuroTechnology.

### **Adoption Medical News**

Pierce Group International  
2001 S Street NW, Suite 302  
Washington, DC 20009  
202-299-0053  
Fax: 202-299-0058

Website: [www.adoptionmedicalnews.com](http://www.adoptionmedicalnews.com)

An online subscription-only newsletter which publishes information on specific medical needs of internationally adopted children.

### **Adoptive Family Counseling Center**

Claude Riedel, MA  
2239 Carter Avenue  
St Paul, MN 55108  
651-646-9656  
Holly Van Gulden  
Minneapolis, MN  
612-722-5362

Provides a 3-session assessment to help families identify and address attachment developmental and psychological issues of their newly adopted child. Provides videotapes and booklets on adoption topics and training for adoptive parents and professionals.

### **ARC Minnesota**

651-523-0823

E-mail: [mail@arcminnesota.com](mailto:mail@arcminnesota.com)

Website: [www.arcminnesota.com](http://www.arcminnesota.com)

A private, non-profit, statewide voluntary organization that is dedicated to ensuring the full participation in their communities of people with developmental disabilities and improving their lives and the lives of their families.

**The Bridge for Runaway Youth**

612-377-8800

Offers 24-hour emergency shelter for youth (ages 10 – 17) family centered counseling, 24-hour walk-in counseling for youth and parents. (No appointment necessary)

**Child Trauma Academy**

Feigin Center, Suite 715

Texas Children's Hospital

6621 Fannin

Houston, TX 77030

Website: [www.childtrauma.org](http://www.childtrauma.org)

This is an educational series for parents and caregivers. Bruce Perry, MD, Ph.D. composes or edits materials. Material is practical and accurate. It gives parents access to work from some of the finest caliber professionals.

**Children and Adults with Attention Deficit Disorder**

(CHADD)

Website: <http://www.chadd.org>

**Developmental and Behavioral Pediatrics**

Adoption Evaluation Center

1983 Marcus Avenue, Suite 130

Lake Success, NY 11042

516-802-6150

Fax: 516-616-5801

E-mail: [adoption@lij.edu](mailto:adoption@lij.edu)

**The Family Achievement Center, Inc.**

651-738-9888

1687 Woodlane Drive, Suite 201

Woodbury, MN

This is a new service center (11-02) offering physical therapy, occupational therapy, speech language pathology, aquatic therapy, and specialized treatment programs. They work with individuals and families who face physical and developmental challenges. They are an agency that is familiar with Fetal Alcohol Syndrome Disorder.

**International Adoption Clinic**

University of MN

Dana E. Johnson, MD, Ph.D

Box 211 UMHC

420 Delaware Street SE

Minneapolis, MN 55455

612-624-1164 Fax: 612-624-8176

E-mail: [Johns008@maroon.tc.umn.edu](mailto:Johns008@maroon.tc.umn.edu)

Excellent health and development screening program after child's arrival home. Will review referral materials free of charge.

### **International Adoption Medicine**

Website: [www.adoption.about.com/library/weekly/aa082399.htm](http://www.adoption.about.com/library/weekly/aa082399.htm)

There are a couple different sections – finding an adoption medicine specialist and other resources via the web.

### **Lunch Bunch**

Sheila Thomas, 651-255-2395

E-mail: [sthomas@chsm.com](mailto:sthomas@chsm.com)

A group for adoptive parents raising children, ages 5 – 13, with challenging behaviors. The group meets the second Friday of each month from 11:30 am – 1:00 pm. Cost: \$25/meeting. An intake interview is needed before participating in the group.

### **Minnesota Association for Children's Mental Health**

Website: [www.macmb.org](http://www.macmb.org) – then click on resources for more information

651-644-7333 or toll free 800-528-4511

MACMB can connect you to a support group in your area. They currently list over 35 groups in communities across the state. They serve children who have emotional/behavioral disorders and their families with programs and activities.

### **Minnesota Center for the Difficult Child**

Tina Feigal, 651-453-0123

2060 Charlton Street, Suite 302

West St. Paul, MN 55118

E-mail: [approachcoach@nurturedheart.com](mailto:approachcoach@nurturedheart.com)

Website: [www.nurturedheart.com](http://www.nurturedheart.com)

Dr. Howard Glasser, Center for the Difficult Child

Website: [www.difficultchild.com](http://www.difficultchild.com)

Created by a family therapist, Howard Glasser. His techniques evolved into an approach that combines giving tremendous, heartfelt energy to the good things and automatic, non-negotiable, but energy-free, consequences for negative behavior.

### **National Organization on Fetal Alcohol Syndrome**

216 G Street, North East

Washington DC 20002

202-785-4585

Fax: 202-466-6456

E-mail: [information@nofas.org](mailto:information@nofas.org)

**PACER (Parent Advocacy Coalition for Educational Rights)**

8161 Normandale Blvd  
Bloomington, MN 55437  
Voice 952-838-9000  
TTY 952-838-0190  
Fax 952-838-0199

Website: [www.pacer.org](http://www.pacer.org)

Advocacy group striving to improve and expand opportunities to enhance the quality of life for children and young adults with disabilities. Programs that help parents become informed and effective representatives for their children. Offers quarterly free newsletters.

**Success in Motion**

2100 1st Avenue South  
Minneapolis, MN 55404  
612-250-5097

E-mail: [successimot@aol.com](mailto:successimot@aol.com)

Website: [www.successinmotiontherapy.com](http://www.successinmotiontherapy.com)

Services include: occupational therapy with sensory integration/sensory processing perspective, SIPT certified (Sensory Integration and Praxis Tests) through USC/WPS. Experience with CranioSacral Therapy, Therapeutic Massage, Interactive Metronome, sensory diets including Therapeutic Listening and other treatment modalities.



**INFERTILITY INFORMATION AND SUPPORT GROUPS**

**Perspectives Press, Inc.: The Infertility and Adoption Publisher**

PO Box 90318  
Indianapolis, IN 46290-0318  
317-872-3055

Website: [www.perspectivespress.com](http://www.perspectivespress.com)

This publisher specializes in infertility and adoption books. Their website lists their philosophy, books, articles and book excerpts, and speaking engagements of their authors.

**Pregnancy & Infant Loss Center**

1421 East Wayzata Blvd

Wayzata, MN 55391  
612-473-9372

Support, resources, and education on miscarriage, stillbirth, and newborn death. Membership and quarterly newsletter \$20 per year.

**RESOLVE, Inc.**

1310 Broadway  
Somerville, MA 02144-1731  
888-623-0744

E-mail: [info@resolve.org](mailto:info@resolve.org)

Website: [www.resolve.org](http://www.resolve.org)

RESOLVE OF THE TWIN CITIES

651-659-0333

Website: [www.resolvemn.org](http://www.resolvemn.org)

RESOLVE's mission is to provide timely, compassionate support and information to people who are experiencing infertility and to increase awareness of infertility issues through advocacy and public education.



**ETHNIC ORGANIZATIONS, RESOURCES AND NEWSPAPERS**

(Section not complete)

**Multicultural Parenting in a Racist Society**

651-439-2446

HOPE's educational workshop for parents. Free to HOPE clients – \$40/person for Non-HOPE clients. Pre-registration is required.

**Asian American Press**

417 University Avenue  
St Paul, MN 55103  
651-224-6570

Fax: 651-224-7032

E-mail: [aanews@aapress.com](mailto:aanews@aapress.com)

Website: [www.aapress.com](http://www.aapress.com)

**Korean Quarterly Newspaper**

Box 6789  
St Paul, MN 55106

Website: [www.koreanquarterly.org](http://www.koreanquarterly.org)

Newspaper published four times a year. 1year/4issues \$16.

**Resource Center of the Americas**

3019 Minnehaha Avenue  
Minneapolis, MN 55406  
612-276-0788 Fax: 612-276-0898

E-mail: [Info@americas.org](mailto:Info@americas.org)

Website: [www.americas.org](http://www.americas.org)

The nonprofit Resource Center of the Americas, the Minneapolis-based publisher of AMERICAS.ORG, is devoted to the notion that every person in this world is entitled to the same fundamental human rights.

**State of MN Office of Ombudsperson for Families**

1450 Energy Park Drive, Suite 106

St. Paul, MN 55108-5227

651-603-0057

Fax: 643-2539

Ms. Dawn Blanchard, Indian Families

651-646-2523

Ms. Bauz L. Nengchu, Asian Pacific Families and Children

651-643-2514

Ms. Ann Hill, African American Families

651-642-0897

Ms. Alba Olemdo

651-643-2537

Investigates decisions, acts and other matters of an agency, program or facility providing protection or placement services to children of color.

**Transracial Support Groups** – see Minnesota Support Groups



**PARENTING AND CHILD DEVELOPMENT RESOURCES**

(Section not complete)

**Minnesota Parent**

Website: [www.parenthoodweb.com](http://www.parenthoodweb.com)

This site offers games for children, event calendar and resources for parents.

**St David's Child Development and Family Services**

952-548-8743

Provides respite care for children.



## **BOOK/NEWSLETTERS/MAGAZINES**

### **Tapestry Books**

PO Box 359

Ringoes, NJ 08551

Website: [www.tapestrybooks.com](http://www.tapestrybooks.com)

This is a catalog of foster care and adoption-related books and materials.

### **Other Adopted Related Books:**

Dear Birthmother, Thank You for Our Baby—Kathleen Silber, M.S.W. and Phyllis Speedlin, Esq.

Adoption Without Fear – James L. Gritter

Open Adoption Experience – Lois Ruskai Melina and Sharon Kaplan Roszia

The Spirit of Open Adoption – James Gritter

Lifegivers: Framing the Birthparent Experience in Open Adoption –James L. Gritter

Twenty Things Adopted Kids Wish Their Adoptive Parents Knew – Sherrie Eldridge

Adopting after Infertility – Patricia Irwin Johnson, M.S.

Real Parents, Real Children – Holly van Gulden and Lisa M. Bartles-Rabb

Lost and Found: The Adoption Experience

Nothing Good Ever Happens to Me: An Adoption Love Story – Caroline Hassinger Lindsay

Children with Prenatal Alcohol and/or Other Drug Exposure: Weighing the Risks of Adoption –

Susan B. Edelstein

### **Suggested Reading for Children:**

#### **Ages 4 – 8**

Did my First Mother Love Me? – Kathryn Ann Miller

Families are Different – Nina Pellegrini

Horace – Holly Keller

How I Was Adopted – Joanna Cole

The Mulberry Bird – Anne Braff Brodzinsky

Tell me Again About the Night I was Born – Jamie Lee Curtis

The Day we Met You – Phoebe Koehler

Twice Upon a Time: Born and Adopted – Eleanora Patterson

Why Was I Adopted? The Facts of Adoption and Love and Illustrations – Carole Livingston

#### **Ages 8 – 12**

Adoption is Okay – Sylvia Rohde

Carolyn's Story – Perry Schwartz

One Wonderful You – Francie Portnoy  
Real Sister – Susan Wright  
Tall Boy’s Journey – Joanna Halpert Kraus  
We Adopted You, Benjamin Koo – Linda Walvoord Girard

### **Ages Preteens and Teens**

Dave Thomas: Overcoming Adversity – Nancy Peacock  
Filling in the Blanks – Susan Gabel  
How it Feels to be Adopted – Jill Kremetz  
If it Hadn’t been for Yoon Jun – Marie Lee

### **Magazines/Newsletters**

#### **Adoption Today**

246 S. Cleveland Avenue  
Loveland, CO 80537  
970-663-1185, fax 970-663-1186  
Website: [www.adoptinfo.net/adoptionTODAY/adoptinfo.html](http://www.adoptinfo.net/adoptionTODAY/adoptinfo.html)

This magazine, published by the adoptive-parent owned Louis & Co., supports adoptive families. It is readable, enjoyable, and informative. In 2001, the venerable Roots & Wings adoption magazine was folded into this publication. The website above has great links to support groups, news, and information.

#### **Adoptive Families of America, Inc.**

**42 West 38<sup>th</sup> Street, Suite 901**  
**New York, NY 10018**  
**800-372-3300**  
**Fax: 646-366-0842**  
**E-mail: [publisher@adoptivefamilies.com](mailto:publisher@adoptivefamilies.com)**

**Website: [www.adoptivefamilies.com](http://www.adoptivefamilies.com)**

**Magazine for adoptive families, full of helpful, informative, and interesting articles. Publishes helpful annual listing of agencies and types of adoptions they facilitate.**

#### **Rainbow Families**

612-827-7731  
Not a support group; they provide resources via their newsletter

#### **Raising Black and Biracial Children**

RBC  
1336 Meadow View Lane, #1  
Lancaster, CA 93534  
E-mail: [RBCeditor@aol.com](mailto:RBCeditor@aol.com)

This magazine supports the parenting of African American, interracial, transracial adoptive, and foster families. The format is enjoyable, the subject matter informative.

## **HOPE's Library – these books are available to check out**

A Child's Journey through Placement – Vera I. Fahlberg, M.D.  
ADHD – Handbook for Families – Paul L. Weingartner  
Adopting the Hard Child -  
Adopting the Older Child  
Adoption Nation – Adam Pertman  
Adoption Without Fear  
Attachment – John Bowlby  
Being Adopted – The Lifelong Search for Self  
Can This Child be Saved  
Change Your Brain – Change Your Life  
Children the Challenge  
Dear Birthmother – Thank You for Our Baby  
How it Feels to be Adopted  
Is That Your Sister  
Never Never Never will She Stop Loving You  
Parents Wanted  
Raising Adopted Children – A Manual for Adoptive Parents  
Raising Adopted Children – Practical Reassuring Advice for Every Adoptive Parent  
Relatives Raising Children  
Relatives Raising Children – Overview Kinship Care  
Self Esteem – A Family Affair  
Tear Soup  
Telling the Truth to Your Adopted or Foster Child – Making Sense of the Past  
That's My Child – Strategies for Parents of Children w/Disabilities  
The Challenges of Fetal Alcohol Syndrome  
The Explosive Child  
The Mulberry Bird  
The Open Adoption Book  
The Open Adoption Experience  
The White Swan Express  
The Whole Life Adoption Book  
Toddler Adoption – The Weaver's Craft



### **WEB LISTINGS**

#### **[www.Adoptuskids.org](http://www.Adoptuskids.org)**

This website is presented by the National Adoption Center, President Bush and Bruce Willis who is the national spokesperson for children in foster care. If you are a home-studied family, already approved to adopt, you may find your child or children here. If you are an adoption professional, you can use this site to find families for waiting children, to respond easily to inquiries from studied families, to manage your caseloads and much more!

www.About.com – <http://adoption.com/parenting/adoption>

[www.adopt.org](http://www.adopt.org) – Faces of Adoption

www.Adoption.com – The largest and most popular adoption website.

www.AdoptionRegistry.com - The largest exclusively adoption reunion registry. List your information or search for your birth family.

[www.adoptionsearch.com](http://www.adoptionsearch.com) – One of the best starting points, has links to birth parent resources, child photo listings, search tools, registries, personal home pages of couples looking to adopt children.

[www.Adoptnet.org](http://www.Adoptnet.org) – Has lots of resources, educational chats through their Learning Center.

www.Birthmother.com - An online support group and interactive resource center for women facing unplanned pregnancy and considering adoption.

www.InternationalAdoption.org - If you are looking to adopt internationally or already have, you can find thousands of country-by-country resources, support, and information.

[www.hannahandhermama.com](http://www.hannahandhermama.com) – older child adoption – the resources on this site are for older children adoptions

[www.parentingwisely.com](http://www.parentingwisely.com) – an interactive website with scenarios for parents to view – there are different age groups to choose from

www.ParentProfiles.com - A popular & successful registry of hopeful adoptive parents.

www.Reunite.com - A portal for adoption search & reunion.

Single Parent Adoption Network

Website: <http://members.aol.com/onemomfor2/#span>

This PREPARATION RESOURCES list was compiled by:

HOPE Adoption & Family Services International, Inc.

5850 Omaha Avenue North

Oak Park Heights, MN 55082

651-439-2446

Fax 651-439-2071

E-mail: [hope@hopeadoptionsservices.org](mailto:hope@hopeadoptionsservices.org)

Website: [www.hopeadoptionsservices.org](http://www.hopeadoptionsservices.org)

4/03